

Time to Talk

vocabulary builder



intermediate
silver

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Introduction

Introduction

Time to Talk Vocabulary Builder is a five-level, ten-book series designed to assist students in their English vocabulary studies as they progress from the foundational level through to the upper intermediate level. The words and activities featured in the series become progressively more challenging to meet the needs of students at different stages of their English language development.

Vocabulary

The words featured in *Time to Talk Vocabulary Builder* are high-frequency words encountered in both spoken and written English. Students will find the words invaluable in their study of English. Twenty words are introduced in every unit. Over the course of one book, students will encounter 400 words—or 4,000 over the course of the whole series. Each word is introduced with a definition and an example sentence, allowing students to see words in context from the outset. Pictures accompanying the definitions provide clues to help students to visualise the words and form related associations—an important part of memory and recall.

Activities

The activities in each unit provide students with extensive exposure to the target words of that unit. Activities are designed to give students the opportunity to think about the meaning and usage of the vocabulary, and the relationship between the target words and other words. Each unit contains a short passage containing some of the target vocabulary in a new context, followed by comprehension questions. A review section provides an opportunity for students to test their understanding and recall of the words.

How to Use

Words to Learn

Unit 1
Words to Learn

Learn the words. Write each word in your language.

- helpful** → someone who is helpful is helping you. → My brother is helpful. → He always helps me with my homework.
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- Students are encouraged to write each word in their native language, creating a personal dictionary for future reference. The students should study the pictures and see how they relate to the example sentences. Focusing on the images will enable students to create their own mental image for each word, which will assist with retention of the word and its meaning.
- Students can make flashcards with the target word on one side and the definition and example sentence on the other. Alternatively, students can write the target word on one side and a translation of the word on the back.

Practice

Unit 1
Practice

1. Write the correct word under each picture. Two words will not be used.

2. Choose the pair of words that are similar to each group of words.

3. Write the letter of the best title.

4. Choose the best option to complete each sentence.

5. Match the words in the sentences. Then answer the questions.

- Students test their understanding and ability to use the new words through five practice activities. These activities target recognition of the words and their related images, usage of the words in different contexts and understanding of the meaning of words.
- For additional practice, students can prepare their own example sentences for each word.

Read and Extend & Review

Unit 1
Read and Extend & Review

Learn these phrases.

1. Fill in the blanks with the correct phrase. Use the correct form.

2. Circle the correct words.

- The **Read** section contains some of the words in a passage. Students see the words in a new context and test their recall of the meanings. Reading comprehension questions are provided to check the students' understanding of what they have read.
- The **Extend activity** in this section presents a selection of the target words in idiomatic expressions to show students new ways in which the vocabulary can be used. **Review** provides a global review of the contents of the unit. Students can work alone to test themselves, or work with a partner to make this into a more collaborative review activity.



Words to Learn

Learn the words. Write each word in your language.



1

anyhow _____

adv. nevertheless; despite whatever else is happening
→ My son hates vegetables, but I feed them to him anyhow.



2

aspirin _____

n. a medicine taken for problems such as a fever or pain
→ Take one aspirin with a glass of water for your headache.



3

beyond _____

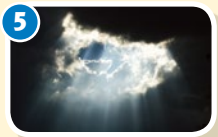
prep. further away in the distance than another thing
→ The man looked at the view beyond the river.



4

creative _____

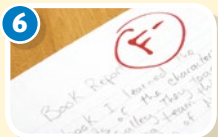
adj. showing originality and imagination
→ Helen made some fun, creative snacks for the party.



5

definite _____

adj. certain or clear
→ There's a definite change in the weather.



6

disappointing _____

adj. not as good as expected
→ My grade was very disappointing.



7

enclose _____

v. to surround
→ A white fence enclosed the sheep to stop them from running away.



8

everyday _____

adj. ordinary
→ I don't put much in my handbag – just everyday things like my phone, glasses and comb.



9

friendship _____

n. the state of being friends
→ Joan and Molly say their friendship is over forty years old.



10

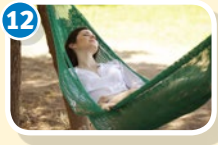
helpful _____

adj. willing to do good or useful things for others
→ Maria is happy to have such a helpful granddaughter.



imitate _____

v. to copy; to behave in a similar way to someone or something else
→ Little boys often imitate their fathers.



meantime _____

n. a period between events
→ She has to work later, but in the meantime she is taking a rest.



motion _____

n. movement
→ The motion of the rocking chair makes Grandma fall asleep.



poorly _____

adj. sick; unwell
→ My daughter is feeling poorly today.



prove _____

v. to show that something is true
→ They finally proved that the river water was clean.



recent _____

adj. from a short time ago
→ I think Joe looks much better in his more recent photo.



simply _____

adv. in a plain way
→ I prefer rooms to be furnished simply.



supplement _____

n. something that is added to another thing
→ Paul takes a health supplement every morning.



surprising _____

adj. unexpected
→ It was surprising to get a dog for my birthday.



vitamin _____

n. a natural substance necessary for good health
→ Oranges contain a lot of vitamin C.



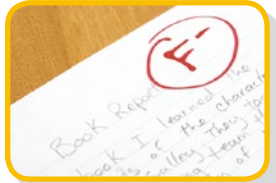
Practice

A. Write the correct word under each picture. Two words will not be used.

poorly vitamin	beyond meantime	imitate enclose	disappointing aspirin
-------------------	--------------------	--------------------	-------------------------------------



1. aspirin



2. _____



3. _____



4. _____



5. _____



6. _____

B. Choose the pair of words that are similar in each group of words.

- | | | | |
|------------------|----------|-----------------|---------|
| 1. <u>motion</u> | meantime | <u>movement</u> | tabloid |
| 2. likely | simply | plainly | helpful |
| 3. friendship | anyhow | gossip | anyway |
| 4. definite | creative | recent | new |
| 5. prove | imitate | declare | copy |

C. Write T for true or F for false.

- F When something is **definite**, no one is sure what it is.
- _____ If you are **poorly**, you feel ill.
- _____ A surprise party is an example of an **everyday** event.
- _____ A **recent** event is something that happened a short time ago.
- _____ If you are **helpful**, you do things that are useful to others.
- _____ **Creative** people merely copy other people's ideas.

D. Choose the best option to complete each sentence.

- | | |
|--|--|
| <p>1. If you are helpful, you might</p> <p>a. open doors for others.</p> <p>b. avoid others.</p> <p>c. be an unlucky person.</p> | <p>2. A good way to enclose a garden is</p> <p>a. to plant flowers.</p> <p>b. to open the door.</p> <p>c. to build a fence.</p> |
| <p>3. If you can prove something is true,</p> <p>a. that thing is disappointing.</p> <p>b. that thing is rather everyday.</p> <p>c. that thing is definite.</p> | <p>4. If you are taking an aspirin, you probably</p> <p>a. are creative.</p> <p>b. have some kind of ache or pain.</p> <p>c. need a supplement.</p> |
| <p>5. The motion of a boat on the sea</p> <p>a. is small in a storm.</p> <p>b. produces helpful ideas.</p> <p>c. makes some people feel ill.</p> | <p>6. Recent events are usually discussed</p> <p>a. in history textbooks.</p> <p>b. in a newspaper.</p> <p>c. in children's books.</p> |

E. Match the words to the sentences. Then answer the questions.

Words

1. disappointing (*adj.*) •
2. surprising (*adj.*) •
3. imitated (*v.*) •
4. supplement (*n.*) •
5. helpful (*adj.*) •

Sentences

- a. Have you ever _____ someone? Did anybody laugh?
- b. Have you ever received a disappointing grade in a test? Did you take the test again?
- c. Have you ever taken a _____ for your health? Did it help?
- d. What is the most _____ thing you have ever seen? Why was it unexpected?
- e. Have you ever done something _____ for a stranger? Was he or she happy?



Read

Helpful Supplements?



These days, we often hear people talking about the various **supplements** and **vitamins** they take for their health. A **recent** trend is to drink vitamin-packed juices and smoothies. We can easily buy them at most supermarkets. For many of us, they have become **everyday** items. But
 5 are such health products really good for us? Are they as **helpful** as the companies that make them say? Or are they **simply** a way for companies to take our money? Even more importantly, are they bad for us?

While we need vitamins to live well, some doctors are not sure that pills are a good way to get them. Vitamin pills and supplements are claimed to **imitate** the healthy
 10 chemicals produced by nature. However, studies have not **proven** for sure that they really work. Many studies have, in fact, shown very **disappointing** results. The supplements that were tested failed to prevent many common diseases. Another, perhaps **surprising**, problem is that taking too many vitamins can even make you feel **poorly**. Our bodies can easily wash out some vitamins such as B and C. However, other vitamins such as A, D, E
 15 and K build up in our bodies, making us sick if their levels get too high. More studies are needed before we can be **definite** that supplements are good for us. In the **meantime**, perhaps it's better to eat real foods to get our vitamins. After all, nature has already **enclosed** everything we need in the fruits and vegetables we can find at the shops.

A. Choose the best answers.

- A recent trend is to drink juices that are full of
 - sugar.
 - fruit.
 - pills.
 - vitamins.
- Which is NOT mentioned as a vitamin that can be harmful to the body?
 - Vitamin A
 - Vitamin B
 - Vitamin D
 - Vitamin K
- What does the writer mean by 'real foods' in line 17?
 - Supplements and vitamin pills produced by companies
 - Foods that have added vitamins
 - Foods that are natural
 - Foods that do not contain vitamins A, D, E and K

B. Find each sentence above. Write the missing words.

- These days, we often hear people talking about the _____ for their health.
- Another, perhaps surprising, problem is that taking too many _____.
- _____, perhaps it's better to eat real foods to get our vitamins.



Extend and Review

A. Learn these phrases.

beyond one's wildest dreams

much better than could be expected

*The sports car my mum bought me was **beyond my wildest dreams**.*

set (something) in motion

to make something start happening; to start a process
*When I applied for a job at the store, I was **setting in motion** my future in retail.*

strike up a friendship

to become friends

*Melissa **strikes up friendships** with interesting people wherever she goes.*

B. Fill in the blanks with the correct phrases. Use the correct form.

beyond one's wildest dreams

set (something) in motion

strike up a friendship

1. It's easier to _____ with people who share your interests.
2. The writer's success was far _____ her _____.
Over 20 million copies of her book were sold!
3. Be careful because one simple action can _____ all kinds of things _____.

C. Circle the correct words.

1. Although she said she felt (surprising / poorly) and had a headache, she refused to take a(n) (aspirin / vitamin).
2. I will (prove / enclose) that my brother is (beyond / imitating) me behind my back.
3. Alice is a (creative / meantime) artist who makes beautiful art out of (simply / everyday) objects.
4. It was (definite / disappointing) when my (aspirin / friendship) with Mary fell apart.
5. The (motion / recent) Tina made with her head was (helpful / vitamin) for understanding her true feelings.
6. I don't think it is (imitate / definite) that Joe will have a birthday party. But I will buy a gift for him (anyhow / simply).
7. My dog's bad behaviour is a (recent / helpful) problem. I think the best thing is to (beyond / enclose) him in a small space when I am not at home.
8. Foods like oranges and spinach contain a lot of (vitamins / recent) and are much better for you than man-made (meantime / supplements).